

# Captaincy and Decisions Skill Fundamentals Guide - Increase Accuracy

Captaincy and Decisions | Increase Accuracy | Asset ID CRIC-22-01-03

**Purpose:** This original printable skill fundamentals guide helps players, coaches, clubs, schools and families work with captaincy and decisions while pursuing one defined outcome: direct the ball toward a useful target with stable mechanics. Its method is to explain the purpose, rehearse slowly and add pace only after control. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

## Resource Map

The subject focus is to make transparent choices using conditions, resources and current match information. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

| # | Working area     | Current evidence                | Next check |
|---|------------------|---------------------------------|------------|
| 1 | Toss Factors     | Known / estimated / not checked | _____      |
| 2 | Bowling Change   | Known / estimated / not checked | _____      |
| 3 | Field Change     | Known / estimated / not checked | _____      |
| 4 | Matchup Evidence | Known / estimated / not checked | _____      |
| 5 | Communication    | Known / estimated / not checked | _____      |
| 6 | Review Point     | Known / estimated / not checked | _____      |

## Precision Starting Brief

- Define: Which evidence separates communication from review point in this case? Define the target so two people would recognise the same result.
- Align: How does toss factors change the interpretation of bowling change? Align the units, conditions and acceptance rule.
- Attempt: What boundary on field change must be checked before relying on matchup evidence? Attempt the task without moving the standard.
- Capture: Which observation links review point to field change, and what remains uncertain? Capture misses as carefully as successes.
- Refine: What alternative explanation could account for both bowling change and communication? Refine one source of avoidable variation.
- Edition success means: improve the share of attempts reaching the target area

## Skill Fundamentals Guide

This format is designed to convert a cricket skill into observable, coachable elements. For captaincy and decisions, apply the method in a deliberate sequence: explain the purpose, rehearse slowly and add pace only after control. The edition target is increase accuracy, so each entry should show what was noticed, what was tried and what changed.

| Working step            | What to record                                                                            | Evidence or source         | Status         |
|-------------------------|-------------------------------------------------------------------------------------------|----------------------------|----------------|
| Define Communication    | Which evidence separates communication from review point in this case?                    | Target definition / date   | Open / checked |
| Align Review Point      | How does toss factors change the interpretation of bowling change?                        | Test setup / date          | Open / checked |
| Attempt Toss Factors    | What boundary on field change must be checked before relying on matchup evidence?         | Observed attempt / date    | Open / checked |
| Capture Bowling Change  | Which observation links review point to field change, and what remains uncertain?         | Error record / date        | Open / checked |
| Refine Field Change     | What alternative explanation could account for both bowling change and communication?     | Precision change / date    | Open / checked |
| Repeat Matchup Evidence | What next check on matchup evidence would make the record about toss factors more useful? | Repeatability check / date | Open / checked |

### Completion Standard

- Keep the work tied to captaincy and decisions, not to a vague general intention.
- Apply this adjustment: reduce effort, mark the target and count every attempt
- Can the claimed improvement be repeated under the stated conditions?
- Expose this outcome risk if it appears: the refinement changes several variables.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

### Working Note

Edition CRIC-22-01-03 pairs skill fundamentals guide with the outcome 'Increase Accuracy'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

## Planning x Precision Focused Practice Lab

This lab pairs a planning method with a precision outcome lens. Work through the six actions to turn the subject focus - make transparent choices using conditions, resources and current match information - into evidence for increase accuracy. Preserve any gap that prevents a supported conclusion.

| # | Action                            | Constraint                                                                                                                              | Record                             |
|---|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 1 | Clarify / Define matchup evidence | Which evidence separates communication from review point in this case? Define the target so two people would recognise the same result. | Scope note / Target definition     |
| 2 | Bound / Align communication       | How does toss factors change the interpretation of bowling change? Align the units, conditions and acceptance rule.                     | Baseline / Test setup              |
| 3 | Baseline / Attempt review point   | What boundary on field change must be checked before relying on matchup evidence? Attempt the task without moving the standard.         | Priority / Observed attempt        |
| 4 | Sequence / Capture toss factors   | Which observation links review point to field change, and what remains uncertain? Capture misses as carefully as successes.             | Plan / Error record                |
| 5 | Assign / Refine bowling change    | What alternative explanation could account for both bowling change and communication? Refine one source of avoidable variation.         | Risk note / Precision change       |
| 6 | Schedule / Repeat field change    | What next check on matchup evidence would make the record about toss factors more useful? Repeat under comparable conditions.           | Owner / date / Repeatability check |

### Common Failure Modes

- For matchup evidence, watch for the purpose is unclear together with the target is subjective.
- For communication, watch for the scope is too wide together with units or conditions do not align.
- For review point, watch for two priorities conflict together with the standard moves after the attempt.
- For toss factors, watch for the owner is unavailable together with misses are omitted.
- For bowling change, watch for a dependency fails together with the refinement changes several variables.

### Independent Review Question

Format question: Which planning assumption most affected the result, and why? Outcome question: Can the claimed improvement be repeated under the stated conditions? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: \_\_\_\_\_

## Cricket Practice Plan for Increase Accuracy

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs planning with precision to pursue this objective: direct the ball toward a useful target with stable mechanics. Preserve the starting condition and both evidence trails.

| Plan field               | Entry                                                  |
|--------------------------|--------------------------------------------------------|
| Purpose                  | Increase Accuracy                                      |
| Starting condition       | _____                                                  |
| Chosen working area      | _____                                                  |
| Error record             | reduce effort, mark the target and count every attempt |
| Evidence to capture      | _____                                                  |
| Stop or review condition | _____                                                  |

### Thirty Minute Practice Shape

| Stage     | Action                                                                                                                       | Evidence                           |
|-----------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 0-5 min   | Which evidence separates communication from review point in this case? Confirm the purpose and scope.                        | Scope note / Target definition     |
| 5-10 min  | How does toss factors change the interpretation of bowling change? Record the starting state.                                | Baseline / Test setup              |
| 10-18 min | What boundary on field change must be checked before relying on matchup evidence? Choose the highest-value priority.         | Priority / Observed attempt        |
| 18-24 min | Which observation links review point to field change, and what remains uncertain? Set the action sequence and decision rule. | Plan / Error record                |
| 24-27 min | What alternative explanation could account for both bowling change and communication? Challenge one dependency or risk.      | Risk note / Precision change       |
| 27-30 min | What next check on matchup evidence would make the record about toss factors more useful? Assign the next review and owner.  | Owner / date / Repeatability check |

### Checkpoint Log

| Checkpoint | Condition      | Observation | Decision              |
|------------|----------------|-------------|-----------------------|
| 1          | Same / changed | _____       | Keep / change / check |
| 2          | Same / changed | _____       | Keep / change / check |
| 3          | Same / changed | _____       | Keep / change / check |
| 4          | Same / changed | _____       | Keep / change / check |
| 5          | Same / changed | _____       | Keep / change / check |

## Plan Versus Actual Review - Precision Lens

This comparison tests captaincy and decisions against increase accuracy through two independent questions. Format: Which planning assumption most affected the result, and why? Outcome: Can the claimed improvement be repeated under the stated conditions? Record material setting differences instead of averaging them away.

| Evidence area    | Baseline | Alternative | Interpretation prompt                                                                     |
|------------------|----------|-------------|-------------------------------------------------------------------------------------------|
| Bowling Change   | _____    | _____       | Which evidence separates communication from review point in this case?                    |
| Field Change     | _____    | _____       | How does toss factors change the interpretation of bowling change?                        |
| Matchup Evidence | _____    | _____       | What boundary on field change must be checked before relying on matchup evidence?         |
| Communication    | _____    | _____       | Which observation links review point to field change, and what remains uncertain?         |
| Review Point     | _____    | _____       | What alternative explanation could account for both bowling change and communication?     |
| Toss Factors     | _____    | _____       | What next check on matchup evidence would make the record about toss factors more useful? |

### Format Decision Test

| Field                          | Record                                                               |
|--------------------------------|----------------------------------------------------------------------|
| Review question                | Which planning assumption most affected the result, and why?         |
| Outcome question               | Can the claimed improvement be repeated under the stated conditions? |
| Acceptance lens                | improve the share of attempts reaching the target area               |
| Conditions held steady         | _____                                                                |
| Evidence supporting the choice | _____                                                                |
| Evidence against the choice    | _____                                                                |

### Planning Confidence Check

- Target definition: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates dates recorded?
- Outcome evidence: which record best demonstrates variations reduced?
- Challenge: could units or conditions do not align explain the result?
- Subject boundary: what does this comparison leave unresolved about communication?

## Planning x Precision Scenario Cards

Use these paired scenarios to rehearse judgement for increase accuracy. Each card joins a planning failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

| # | Situation                                   | Review question                                                                           | Decision            |
|---|---------------------------------------------|-------------------------------------------------------------------------------------------|---------------------|
| 1 | Communication: the owner is unavailable.    | Which evidence separates communication from review point in this case?                    | Target definition   |
| 2 | Review Point: a dependency fails.           | How does toss factors change the interpretation of bowling change?                        | Test setup          |
| 3 | Toss Factors: the success measure is vague. | What boundary on field change must be checked before relying on matchup evidence?         | Observed attempt    |
| 4 | Bowling Change: the purpose is unclear.     | Which observation links review point to field change, and what remains uncertain?         | Error record        |
| 5 | Field Change: the scope is too wide.        | What alternative explanation could account for both bowling change and communication?     | Precision change    |
| 6 | Matchup Evidence: two priorities conflict.  | What next check on matchup evidence would make the record about toss factors more useful? | Repeatability check |

### Decision Record

| Field                  | Notes                                                                |
|------------------------|----------------------------------------------------------------------|
| Chosen format scenario | _____                                                                |
| Outcome lens           | Can the claimed improvement be repeated under the stated conditions? |
| Evidence available     | _____                                                                |
| Evidence missing       | _____                                                                |
| Controlled next step   | _____                                                                |
| Person / review date   | _____                                                                |

## Eight Planning and Precision Evidence Tracker

Track increase accuracy across eight practice blocks using the planning method and the precision outcome lens. Keep conditions visible and use this review question: Can the claimed improvement be repeated under the stated conditions?

| # | Focus            | Condition | Result | Next action |
|---|------------------|-----------|--------|-------------|
| 1 | Field Change     | _____     | _____  | _____       |
| 2 | Matchup Evidence | _____     | _____  | _____       |
| 3 | Communication    | _____     | _____  | _____       |
| 4 | Review Point     | _____     | _____  | _____       |
| 5 | Toss Factors     | _____     | _____  | _____       |
| 6 | Bowling Change   | _____     | _____  | _____       |
| 7 | Field Change     | _____     | _____  | _____       |
| 8 | Matchup Evidence | _____     | _____  | _____       |

### Planning Evidence Dashboard

| Measure                                                       | Baseline | Current | Evidence location |
|---------------------------------------------------------------|----------|---------|-------------------|
| Toss Factors: Scope Decisions Settled / Targets Defined       | _____    | _____   | _____             |
| Bowling Change: Priorities Ranked / Conditions Aligned        | _____    | _____   | _____             |
| Field Change: Owners Assigned / Attempts Completed            | _____    | _____   | _____             |
| Matchup Evidence: Dates Recorded / Misses Captured            | _____    | _____   | _____             |
| Communication: Risks Reviewed / Variations Reduced            | _____    | _____   | _____             |
| Review Point: Actions Completed / Repeatable Results Recorded | _____    | _____   | _____             |

### Interpret the Trend

- I defined the target before observing the result.
- I counted misses, skips and uncertain results as well as successes.
- Keep the method only when the evidence for increase accuracy improves without hiding units or conditions do not align.
- Which observation links review point to field change, and what remains uncertain?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

## Planning x Precision Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this skill fundamentals guide, the intended result was increase accuracy; the outcome test is: Can the claimed improvement be repeated under the stated conditions? The close-out standard remains: improve the share of attempts reaching the target area.

| Close-out field      | Record                             |
|----------------------|------------------------------------|
| Most useful evidence | _____                              |
| Important limitation | _____                              |
| Decision             | Keep / adapt / pause / seek review |
| Next action          | _____                              |
| Owner and date       | _____                              |
| Evidence location    | _____                              |

### Completion Review

- Subject check: Which evidence separates communication from review point in this case?
- Subject check: How does toss factors change the interpretation of bowling change?
- Format check: I confirmed the scope, owner and review date.
- Outcome check: I defined the target before observing the result.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

### Originality and Responsible Use

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